



Bill Grossman's School of Kenpo Karate

KARATE NEWS



Established
1978

www.grossmanskenpo.com

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Hello FOLKS:

Its me again, trying to bring you what is going on in our Dojo.

Some of you have expressed the desire to contribute to this letter, please do. My e-mail is Popeto10@comcast.net. Please make sure you run it by professor first!!!

NOBODY GETS' LEFT BEHIND!

First of all, we forgot to mention that Erin Cotter took 2nd Place in Kata at the Rising Sun Tournament on March 13, 2007; CONGRATULATIONS!!! Sorry we skipped you!

Now that is a winner's smile!



NEW STUDENTS

Bill Grossman's School of Kenpo Karate is happy to welcome the following new student to our Kenpo family.

Dexter Payumo

SPECIAL OF THE MONTH:

Get a friend to join and get a cash reward:

- 3 month program = \$25.00
- 6 month program = \$50.00
- 1 year program = \$100.00

ARNIS CORNER:

Congratulations to all ARNIS students who tested on the 31st of March.

The next ARNIS test will take place on June 30, 2007. Promotions will take place right after the test, at 12:00 noon.

Level 3 Rank:

Javier Betancourt
Richard George

Level 2 Rank:

John DeMartini
Eddie Torres
Rory Resuello
David Lewis
Donald Behnken

Level 1 Rank:

Michaela Pama
Peter Hawrylow III
Nick Baer

Here is a picture of the Happy Bunch!



NEXT KENPO LOWER BELT TEST:

The next Kenpo test for lower belt will be:

April 21, 2007

Applications should have been turned in by now. If you have not turned in your or your child's application please do so TODAY!

NEXT BLACK BELT PRE-TEST:

The next Black Belt test is a practice test:

June 2007

It will take place at the Bayhill Fitness Center in San Bruno. Exact date to be determined by Master Professor.

TOURNAMENT CORNER:

Recent Tournament Results:

Ultimate Slam, El Sobrante, CA

- Karla Flores - 1st Kata
- Magali Flores - 1st Kata
- Rory Resuello - 1st Kata

UP COMING TOURNAMENTS:

The 8th Annual Warrior Quest
Saturday May 19, 2007 @
John O'Connell High School
2355 Folson St., San Francisco



ADVISE FROM OUR RANKS:

One of our Black Belts, Mr. Paul Delson, is an Attorney at Law. He wrote this advise article about the possible legal ramifications of using our Kenpo unwisely.

What Would You Do?

By
Paul Delson

Imagine the following scenario: You are an adult (18 years old or older) and you are walking down the street (or in the Safeway parking lot) carrying a bag of groceries. Four teenagers approach you – but there is no indication of trouble. As they walk past, one of the teenagers pushes his buddy into you, knocking you into the wall (or a nearby parked car). You drop your groceries, but you are not hurt. The teenagers laugh and keep walking.

What do you do? Do you: (Option 1) ignore the teenagers, quietly pick up your groceries and continue on your way; or (Option 2) yell at them; or (Option 3) launch a flying sidekick followed by a hammer fist to the groin, palm to the face and chop to the throat?

So what about Option 2? Yelling at the teenagers would probably make most of us feel better. But the problem with this choice is that yelling might lead to a heightened confrontation. What if the teenagers come back and act in a threatening way? If they do, do you attack or do you wait for one of them to throw the first punch? And then, what if they don't throw a punch – what if they simply "get in your face" but don't touch you? Maybe Ed Parker's creed flashes into your mind: "... *but should I be forced to defend myself, my principles or my honor, should it be a matter of life or death, of right or wrong...*" But is your life at stake? If none of the teenagers

throws a punch, do you really need to protect yourself? What about your honor? Has your honor been bruised to the point that you need to beat up four teenagers to restore it?

There is no correct answer – as your "best" action will depend on the specific circumstances. However, it is important to remember that, if a fight occurs, your actions will be judged in hindsight. So, let's assume, for the sake of discussion, that Option 2 leads to a heightened confrontation and then a fight (Option 3). Here are the risks to you:

1. You get hurt. Okay - maybe this is not a high probability because of your karate training, but (a) you don't know whether any of the teenagers have martial arts training or street fighting experience, (b) you don't know if they are carrying weapons, and (c) there are four of them, and even the most experienced black belt will be outnumbered at some point.
2. You win the fight. Good for you, but this raises two more risks:

First issue – the police. Until the police hear the entire story, and check for witnesses who can support your "self defense" version of the story (assuming that there are any witnesses), you are a karate-trained adult who has beaten up some kids. You are the AGGRESSOR and the teenagers, sprawled on the ground with broken ribs, busted knees and bloody noses, are VICTIMS of an assault. Most likely, the police will "escort" you to the local police station for questioning and you will wait for them to decide whether to arrest or release you. Best case – you spend a few hours looking at "Most Wanted" posters. Worst case – you are charged with assault and battery (assuming that you haven't killed anyone) or manslaughter/murder (if you did kill someone),

you will need to hire a lawyer (which means thousands, if not tens of thousands, of dollars in legal fees), and you might face jail time.

Second issue – you are sued in civil court for personal injuries suffered by the injured teenager(s), including their medical bills and, most likely, payment for "emotional trauma." Best case - you spend thousands, if not tens of thousands, of dollars on a lawyer. Worst case, you pay your lawyer and you pay tens of thousands, if not hundreds of thousands, of dollars to the victim.

As I said before, there is no correct answer on how to proceed. Clearly, you must defend yourself if you are threatened. But what is also clear is that every action has a consequence – and the consequences to any fight in which you participate could be injury (to yourself and to others), criminal charges and civil lawsuits. **Maybe Option 1 doesn't look so bad anymore.**

P.S

Important advice to anyone under 18 years of age:

Even though you are generally considered a "minor" in the eyes of the law, if you are involved in a fight that results in injury/death to another person, you could be held criminally liable (which means that you might end up in juvenile detention or, if you are charged as an adult, jail) and your parents could be held liable to pay any damages awarded against you in a civil lawsuit.



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FROM MASTER PROFESSOR DESK: WHAT IS KATA?

Kata is a pre-arranged set of self defense techniques. In our Kenpo system each Kata contains 8 self defense techniques. Starting with a **Grab**, followed by a **Right Round House Punch**, a **Straight Right Punch**, a boxer's **Left and Right Punch**, a right **Club** attack, a **Right Knife** attack (either high, mid, or low), a **Straight Right Punch**, and a final **Straight Right Punch**.

When performing a Kata the student is rotating clockwise on a circle starting facing 12:00 o'clock. The first three attacks are coming from 12:00 o'clock. The next three attacks come from 3:00 o'clock. Next an attack from 6:00 o'clock, and a final attack from 7:30. The student finishes the Kata facing the same direction they started, 12:00 o'clock. There are 17 Key Katas with this attack sequence. Key Kata means fundamental; when you learn one of these Katas is like you have a key to a door of knowledge. If a student knows the first Kata, Lightning Ram, that student is able to attack other students on other more advance Katas without actually knowing the advance Kata. In this way students can practice attacking each other in different scenarios, those being One-on-One, Line attack, and Four Winds (were a defender would have an attacker coming from four directions, North, West, South, and East. This way the students learn the true meaning of each movement. This is what is unique about the Kenpo System. In reality you won't do a full Kata in the street. If attacked you would select the appropriate technique from one of your Katas depending on the situation.

FRIENDS HELP EACH OTHER: THESE ARE SOME OF OUR FRIENDS:

Some of our students, or student's parents, help us in one way or another. Therefore we are happy to recommend their services. This is done as a token of our appreciation only. We do not accept any liabilities resulting from business transactions.



ARCO'S Auto Body
 Mechanical Detail

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 EMILIO ARCO JR.

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